

Thank you for your Swim School enquiry (School Age)

Swim School at Marlborough Lines Stadium 2000 welcomes new or returning students in Learn to Swim programmes, at all levels.

Through our award winning Stadium 2000, we deliver lessons Mondays to Saturdays. As one of New Zealand's largest swim schools lessons are well structured and delivered by friendly, qualified and responsive teachers.

Our success is driven from a desire to improve children's lives. Keeping safe around water is paramount for anyone living in New Zealand and a core element of our unique swim school is the water survival skills we teach at every level.

Of course your child will benefit immensely from being able to swim but enrolling your child in swimming lessons will have significant physical, emotional and social benefits.

Swimming is a life skill which will significantly improve you child's quality of life. At Stadium 2000 we focus on developing the skills and a life long enjoyment of water.

As an accredited Quality Swim School we are recognised as meeting and maintaining national swim school standards. These include staff training and qualifications, programming, facility provision and safety management.

Most important of all we guarantee a positive, supportive learning experience for you or your child.

Attached is an overview of our programme. We can generally accommodate your needs according to level, time and day.

Please enquire at reception or call our swim school coordinator Alana on 577 8300. Email: swimschool@stadium2000.co.nz



Stadium 2000 Swimschool Terms and Policies

Thank you for choosing to have swimming lessons with us. Please take the time to read the following policies to ensure you are ready for a great time learning to swim....

Term Programme: The Swimschool operates per school term and prices are based on a 10 week programme, although some school terms are 11 weeks while others are only 9. Where this occurs the term fee has been priced accordingly.

Important weeks during the term include:

Week 1: your child will be assessed to confirm they are in the appropriate level.

Week 5: Challenges are set within each level.

Week 6: All participants are assessed so we can determine the majority of movement for the next terms preferential bookings.

Week 7/8: Preferential bookings for the following term will be either emailed/posted with movement already made if a progression has been identified during the assessment. If the new time is suitable deposit is required to hold the placing. If it doesn't suit please call reception and we will discuss other options.

Last week of the term: Final assessment is made of swimmers who have achieved all the level goals. Instructors will discuss this poolside with parents. Reward Week - Stickers for the certificates will be awarded to participants who have completed the level.

Incentives: We generate a certificate for each child which identifies individual level and goals so you can follow your child's progress. These are available to collect from the reception from the first lesson.

Certificate Stages:

Parent and child (6months to 3 years)

Preschool (3 years to 5 years)

School Age Learn to Swim (learners pool)

School Age Development (main pool)

At the conclusion of the term the instructor will award a sticker for the completion of the level to place on the certificate if all the goals have been achieved (please note some swimmers take a few terms to complete a level).

As children move onto the next stage a new certificate will be generated for collection at reception.

Payments: To confirm your booking a \$10 deposit is required before completion of the previous term (non refundable). This will guarantee level and selection of day (if this is not paid we presume you are not returning and the space will become available for another customer).

Full Payment is required by week 2 of the term. If this is not possible please talk to the reception.

If the full amount is paid prior to the last day of the previous term a \$10 early payment discount will be deducted per child.

Families with three or more children receive 10% discount.

Public Holidays: If your child's lesson falls on a public holiday, please be aware that these lessons will not take place and that your term fee is priced accordingly.

Medical Conditions: If your child has a medical condition, please let us know. It is always beneficial for the instructor to be aware of any condition that may affect your child and their swimming enjoyment.

Instructors: If illness or roster changes affect our staff during the term we will provide a qualified replacement.

Cancellation of Lessons: If swimmer safety or hygiene issues arise at the pool Swim School has the right to cancel lessons.

Guarantee: We guarantee our lessons, and if you are not satisfied with your child's progress please come and talk to our Swim School Coordinator.

Absence: If your child is going to be absent we do appreciate a call.

Cancellation Fee: There is a \$10.00 administration fee charged on any refunds, cancellations or transfer of term lessons.

Confidentiality: All information regarding your family is treated as confidential and will be used for swim school administration only.

Lessons: We recommend all swimmers wear a cap and goggles for their comfort in the water.

Sickness: In the event of your child being sick for two consecutive lessons we will offer you one credit per term. For this we require a medical certificate.

Supervision: Children under 8 years of age are not permitted in the pool premises unless actively supervised by a caregiver at least 16 years of age.

Parents are to be actively supervising all infants/toddlers in their care. If you are involved in a parent child programme with one child any extra siblings are required to have a separate caregiver.

Stadium 2000 Swimschool Programmes

Parent and Child Programme 6 months – 3years

Through play and songs children are introduced to the water and learn the basic skills of balance, co-ordination, blowing bubbles, floating, kicking and submersion.

Parents are the main influence in a child's life so building water confidence while having fun maximises this relationship.

Cost: \$85 per ten lesson programme

Preschool 3 – 5 years

Games and activities assist children to gain confidence in, under, on then through the water. Children explore propulsion, safety, and early stroke development as they progress through the five preschool levels.

Cost: \$100 per ten lesson programme

School Age

In the early stages the emphasis is on water familiarisation and building confidence. Once the basic introductory skills have been achieved we develop the core swimming strokes and implement water safety/survival techniques.

Cost: \$100 per ten lesson programme

Competitive Squads

With the development of racing skills squads provides the best foundation for swimming competitively. Swimmers will increase stamina while still getting a continual emphasis on stroke correction.

Aquatic Fitness Squad

Aquatic fitness is on offer if pursuing swimming competitively is not you. A variation of surf, water safety, core swimming, and social interaction provides a great time and helps maintain that healthy lifestyle.

Prerequisite Tasman Tarakihi and above

Cost: \$100 per ten lesson programme

Adult Programme

Adult classes cater for a range of requirements, from the non-confident to those wanting to correct bad habits developed over the years. Lessons are structured around individual needs in a fun and positive environment.

Cost: \$100 per ten lesson programme

Private Tuition

Private tuition gives you the opportunity to focus on a specific skill/stroke. These are only available outside main swim school times on any given day. (15mins)

Cost: \$250 per ten lesson programme

Intensive Programme

Accelerate your child's learning with our holiday intensive swimming programme. Repetition of skills each day for 5 days.

Special Needs

Therapeutic programmes through to basic swimming principles, depending on each individual. (15mins)

Cost: \$115.50 per ten lesson programme

School Age Programme

From our beautiful rivers to spectacular coastlines it is no surprise that when our children grow up they will spend time in and around water. But will they have the skills to survive?

Unfortunately aquatic exposure is decreasing as we see a growing trend of children's lifestyles becoming less active.



School Age Lessons

- Stadium swimschool offers a term programme swimming once a week, or an intensive class per day for five days in the holiday period.
- Classes begin with water familiarisation and building confidence. Once the basic introductory skills have been achieved we develop the core swimming strokes and implement water safety/survival techniques.
- Children are catered for through a wide range of levels available Monday-Saturday.
- Duration and ratios are dependent on the ability of the groups.
- Children progress at their own pace according to their readiness and developmental stage. The amount of water opportunities they have between lessons to practice and play helps retain skills.
- New enrolments are assessed at no cost prior to commencement so we can establish the most suitable class placement.

Instructor Qualifications

All instructors are qualified through Swimming New Zealand and regularly train to ensure delivery of the best practices available.

Benefits of wearing a cap and goggles

Swim caps keep children warmer and increases the level of concentration as a result. They keep hair off the face making the breathing cycle in freestyle easier to teach/learn. They also provide less resistance for the swimmer enabling them to swim faster through the water and more streamlined.



Goggles keep the eyes protected from the required chemicals in the pool. Although we recommend some swimming time without them so children can adjust if they are to ever face an aquatic survival situation.

Before and After the lesson

- Arrive early to your first lesson and find instructor board with appropriate name on it. This instructor will be in the same place for the entire term/holiday.
- Don't encourage swimming prior to lesson as children may tired and get cold before their class starts. Public space is available after the lesson and a more advisable playtime.
- Toilet younger children before the start of the lesson to prevent accidents in the pool.
- Dress appropriately when leaving the venue. In winter months bring a warm hat and socks to wear, as heat is quickly lost through the head and feet.

Feedback

We value compliments when we deserve them and constructive suggestions where we can improve our service to you.

Please feel free anytime to discuss any issues with the co-ordinator.